

If after your consideration you eventually decide on a separation, use this **Separation Checklist** to ensure it goes smoothly.

**1**

Educate yourself on the potential pathways to separation. Read topics on My Separate Path as well as other literature. Learn about what life may be like after separation through blogs and other material.

**2**

Fill out our Questionnaire to get a feeling on the best method of separation for you and your partner.

**3**

Send our Questionnaire to a few trusted advisors or support services. This may include:

- Coaches.
- Counselors.
- Mediators.
- Lawyers.

**4**

Make a list of all of your assets and liabilities. List down what you would need in order to:

- Survive in a worst case scenario.
- Continue living the current lifestyle that you have.

**5**

Create a list of what you contribute to your current relationship. This may include items such as:

- Monetary contribution.
- Emotional or caregiver contribution.
- Time.

Be as specific as possible.

**6**

Make a list of the needs of your children. This can include:

- Schooling.
- Health requirements.
- Extra curricular activities.
- Transport.
- Expenses.

The more organized you are, the more you have a clear direction on what you have to do and the less stressed you will be.

**7** Make a plan on where you and potentially your children will live after any separation.  
Do some research on costs to move, rent, or how living with a friend or family member may be.

**8** Create a plan for your children. This can be the official **Arrangement for Children** document, or it can simply be how you would like your children to be cared for, regardless who the caretaker will be in the future.

**9** Make a list of all addresses and utilities that may need to be changed or transferred in the future. This can include:

- Credit Cards
- Bank Accounts
- Astro Account
- Netflix, YouTube Subscriptions
- Mobile Phone Providers
- Car Insurance & Registration
- LHDN Registration
- EPF Account
- TNB Account
- Water Account
- Land Office Account
- Frequent Flyer Points
- Health Insurance
- Investment Brokers
- Internet Provider
- IC Card
- Any bank loans or PTPTN

**10** Make a plan on how to manage your own physical and mental health throughout your separation process. Consider a coach or a trusted friend if you need extra support.

**11** Begin talking to your bank and lawyer if you have property that may be sold or transferred between yourself and your partner. Understand the process and potential tax or financial implications.

**12** Make a plan for your pets. Who will take care of them and the cost and time that is incurred for them.